



How to Study the Bible October 19, 2025

Read Psalm 23:1

When you read this verse, do you believe it applies to your life right now? Why or why not?

What are some “wants” that have quietly become “needs” in our hearts—and how can we reorder them under God’s care?

Read Psalm 23:2–3

What are the “noisy waters” in your life that make it hard to rest or hear God’s voice? How do you personally recognize when your soul needs restoring—and what restores it best?

Read Psalm 23:4

Why do you think God sometimes chooses not to remove the valley, but to walk through it with us instead?

When have you experienced a “valley” that taught you more about God’s presence than any mountaintop could?

Read Philippians 4:11–13

Paul says, “I have learned to be content.” What has life taught you (or is still teaching you) about contentment? How do you balance Godly ambition (wanting to grow or improve) with spiritual contentment?

Read Psalm 37:4

How does delighting in the Lord change what we pray for and pursue? Can you share about a time when your desires shifted as your relationship with God deepened?

Travis said, “Discontentment and gratitude cannot coexist at high levels.”

Where do you see that tension most clearly in your life—relationships, finances, work, or faith? What would it look like to train your heart toward gratitude the way you’d train a muscle?

Read Psalm 23:5–6

How has God shown His hospitality to you lately—ways He’s made you “feel at home” in His presence?

What’s the difference between serving others (meeting needs) and showing hospitality (making someone feel loved)? How can your group practice both?

Read Romans 10:9

Travis said, “If the Lord isn’t your Shepherd, none of this applies to you.” How would you explain to someone what it means for Jesus to be their Shepherd—not just a Shepherd? Why does every discussion about peace, gratitude, and contentment ultimately lead back to salvation in Christ?